

UNDERGRADUATE MODULE INTRODUCTIONS

Module Pre-requisites: Other Modules that must be satisfactorily completed prior to commencement of the Module.

Module Co-requisites: Other Modules that need to either be completed or are being attempted simultaneously. NB Students should carefully consider Co-requisites if thinking of withdrawing from any Module

Distance Education: Modules marked with an asterisk (*) are unable to be studied by distance education at this time due to their practical nature. These Modules may be held as short intensive courses for Distance Education students as required.

Module Outlines for all courses not listed, flexible / individually tailored courses and seminars are available on request. Other modules will be developed on a needs basis and upon request.

DEPARTMENT OF CLINICAL STUDIES

Clinical Studies and Clinic Practicum ensure that our future practitioners can integrate knowledge from physical, biological, behavioural and social sciences with natural and traditional theory and practice. Emphasis is placed on producing competent natural and traditional therapists with the expertise required to assess the health care needs of a patient, develop a plan of care, implement the plan and evaluate the outcomes of their interventions. Natural and traditional therapists are efficacious members of the health care team, and must be able to collaborate with colleagues and contribute to the process of health care in a variety of clinical settings. Clinic Practicum prepares graduates for careers as accountable natural therapists taking responsibility for their own professional, academic and clinical development, and able to identify and analyse the ethical and legal aspects of health care. On completion, graduates have a foundation in Practice Management enabling them (with abundant amounts of their own initiative, energy and enthusiasm) to set up in their own business.

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* Clinic 1 / RT Clinic 1 & 2

Module Code 3000

Pre-requisites: Traditional Medicine Philosophies, Work Experience

The Clinic Series of modules enables the student to gain practical experience of working within and contributing to the local Community within the Natural and Traditional Therapies, in a clinical environment. The aim of this clinic is to give the student supervised clinical and retail experience to allow them to work in supervised clinical natural / traditional therapies environment. Particular emphasis is placed on safety in the workplace, ethical behaviour, communication skills, retail and clinical experience.

* Clinic 2 / RT Clinic 3 & 4

4001

Pre-requisites: Clinic 1

The students now have just over one year experience behind them and this knowledge is put to good use in Clinic 2. Students still aim to gain experience by contributing to the community, however, the range of services they are able to offer is now increased to reflect their education. To this end, students may venture out into the community where they perform various community services including massage, career presentation nights, iridology, and talks and demonstrations to various community groups.

* Clinic 3 / RT Clinic 5

4002

Pre-requisites: Clinic 2

The emphasis of Clinic 3 is to develop the students' ability to deal with patients and consumers on a one on one basis without the need or support of constant supervision. This allows the students to fine tune all of the skills learned thus far. To achieve this the students will be rostered into busy community resources such as health food stores and pharmacies where they will serve as advisors to customers in matters related to natural therapies. Support will always be available to the students from the College, if required, and from other students (the students are always rostered in pairs for all clinics), but the students are encouraged to put to use all of their skills in order to deal effectively with patients and customers alike.

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* Clinic 4 / RT Clinic 6

5000

Pre-requisites: Pathophysiology 1, Clinic 3

Co-requisites: Pathophysiology 2, Clinical Skills Pathology, Symptomatology & Differential Diagnosis

Room preparation, obtaining quotes for supplies, ordering stationery, linen and stock, scheduling of patients are practised in Clinic 4. Management of the case and the integration of theoretical knowledge with practical skills will ensure wholistic patient treatment. Liaising with other professionals in discussions about difficult cases, referral skills, writing prescriptions and other details are also covered, ensuring an all-round competent practitioner emerges. To ensure graduates who are able to continue the learning process throughout their clinical careers, some advanced clinical modules also include information from the Certificate 4 in Assessor and Workplace Trainer.

* Clinic 5 / RT Clinic 7

6001

Pre-requisites: Pathophysiology 2, Clinical skills, Pathology, Symptomatology & Differential Diagnosis, Clinic 4

Co-requisites: Pathophysiology 3

To ensure graduates who are able to continue the learning process throughout their clinical careers, some advanced clinical modules also include units from the Certificate 4 in Assessor and Workplace Trainer.

All the training is put into practice using real patients in a professional clinic under the watchful eye of a qualified Natural Therapist, or specialist practitioner. Students can make a choice as to where they serve their "apprenticeship" (experience in at least two clinics is recommended). The clinic chosen must be acceptable to the College, and some strict rules apply (refer to the Clinic Practicum Handbook, found in the Student Handbook). The student is to provide his/her own sphygmomanometer and stethoscope.

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* Clinical Experience and Clinical Practicum (Prescribing & / or Treatment)

7002

Pre-requisites: Clinic 5

Co-requisites: Clinical Experience, Medical Symptomatology & Diagnosis, Pathology

All the training is put into practice using real patients in a professional clinic under the watchful eye of a qualified Natural Therapist, or specialist practitioner. Students can make a choice as to where they serve their "apprenticeship" (experience in at least two clinics is recommended). The clinic chosen must be acceptable to the College, and some strict rules apply (refer to the Clinic Practicum Handbook, found in the Student Handbook). The student is to provide his/her own sphygmomanometer and stethoscope.

The practical nature of establishing a clinic involves much business acumen that can only be gained by hands-on experience. Important issues, such as room preparation, obtaining quotes for supplies, ordering stationery, linen and stock, scheduling of patients. Management of the case and the integration of theoretical knowledge with practical skills to ensure wholistic patient treatment. Liaising with other professionals in discussions about difficult cases, referral skills, writing prescriptions and other details are also covered, ensuring an all-round competent practitioner emerges.

* Clinical skills, Pathology, Symptomatology & Differential Diagnosis 6002

This module teaches the practical skills needed to assess the health of the patient. Enables the student to record history of patient - record results - conduct examination procedures - analyse & interpret information - verbalise an assessment to the patient.

Communication and Counselling 4030

Pre-requisites: Communications, Work Experience

Every person is different especially in a consultation, and the natural and traditional therapist needs to have skills to communicate effectively, and provide counselling if necessary. Processes of communication, listening, removing blocks, body language, conflict resolution, stress and relaxation are examined.

Communications 1030

Essential features of communicating effectively with colleagues, and patients in the clinical natural and traditional therapies environment.

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Environmental Medicine 2030

Pre-requisites: Traditional Medicine Philosophies

Familiarises the student with environmental issues and examines how human behaviour can alter the environment. Introduces the concepts of how human health is inextricably linked with the health of the environment.

Ethics & Legal Practice 2003

Ethics and principles of jurisprudence necessary for the establishment of a small business or clinic in the natural and traditional therapies. Examination of a Code of Ethics and the Hippocratic Oath. How they impinge on, or protect the practitioner, patient and client. Complaints procedures and how to handle them.

***Exercise Therapy** 1002

Assist participants to use exercise therapy as part of a treatment regimen for their future patients and as a part of a self-improvement/lifestyle regimen for themselves.

Natural & Traditional Therapies Formulary and Prescribing 7003

Co-requisites: Medical Symptomatology & Diagnosis

Taught as a component of Clinical Practicum (Prescribing & / or Treatment), and available to all students enrolled in Clinical Practicum (Prescribing & / or Treatment), this Module ensures that the learner is able to confidently use and prescribe the vast range of remedies at his/her fingertips. Emphasis is placed on learning specific therapeutic groups of remedies to specific systems of the human body as well as formula design.

*** Occupational Health & Safety** 2002

The practical and theoretical principles of Occupational Health & Safety, to ensure a safe workplace.

Practice Management 4020

There is more to setting up and running your own clinic than hanging up a shingle. This Module looks at the critical aspects of starting a small business in natural and traditional therapies including a business plan.

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Prescribing OTC Remedies 2060

Topics include: perceiving the needs of the customer, coping with difficult customers, meeting the customers needs, display, cash handling, ordering, stock rotation, safety and security and over the counter products.

Remedy Preparations 1302

Introduces internal and external preparations used in the natural and traditional therapies - simple herbal, homoeopathic and nutritional products for home use, includes practical demonstrations and sessions about the home manufacture of natural and traditional therapies products.

Research & Referencing Skills 1010

Ensures that the learner is well equipped with the necessary Research & Referencing Skills to be successful in researching, formulating and writing reports, essays and assignments, note taking, studying for and taking examinations at College. These skills include: memory recall; note taking; essay writing; assignment standards; footnoting and referencing; and using libraries. Other related topics explored are personal planning, organisational skills, personal development and motivation.

Traditional Medicine Philosophies 1001

Provides an introduction to the concepts of natural healing philosophies, the major modalities, the history of medicine, the contemporary problems of medicine, the current issues affecting the Natural and Traditional Therapies, including legislation, the advantages and disadvantages of the various forms of medicine.

*** Work Experience** 2001

Co-requisites: Traditional Medicine Philosophies

Enables the student to gain practical experience of working within the Natural and Traditional Therapies industry. Exposure to the day to day activities of a natural and traditional therapy organisation and an appreciation of the typical products and services, incorporating the importance of personal appearance, attitude and punctuality in a working environment.