

UNDERGRADUATE MODULE INTRODUCTIONS

Module Pre-requisites: Other Modules that must be satisfactorily completed prior to commencement of the Module.

Module Co-requisites: Other Modules that need to either be completed or are being attempted simultaneously. NB Students should carefully consider Co-requisites if thinking of withdrawing from any Module

Distance Education: Modules marked with an asterisk (*) are unable to be studied by distance education at this time due to their practical nature. These Modules may be held as short intensive courses for Distance Education students as required.

Module Outlines for all courses not listed, flexible / individually tailored courses and seminars are available on request. Other modules will be developed on a needs basis and upon request.

DEPARTMENT OF NATURAL AND TRADITIONAL THERAPIES

Classical Homoeopathy is a fascinating form of medicine based upon scientific principles expounded by a brilliant German doctor, Samuel Hahnemann, nearly 200 years ago, proving to be just as valid today. Based on the principle that "like cures like", no drug or substance is given that can produce a toxic effect, but rather, a minute dosage of a remedy is potentised and given with the aim of stimulating the defences of the body to heal itself. Homoeopaths often prepare their own medicines using the same doctrines as Hahnemann himself. Proficiency with the practical aspects of the skills and knowledge involved in traditional homoeopathic diagnosis is an integral part of the homoeopathic curriculum.

Modern Clinical Homoeopathy incorporates many of the classical homoeopathic philosophies but has added its own views and beliefs. It is the new age art of Homoeopathy practised by modern homoeopaths today, with the prescribing of remedies being centred on the patient, taking notice of the environment, and is driven by their experience of the world.

Herbal medicine is the study of plants and their medicinal and practical uses. Its roots are in Herbalism, one of the oldest known forms of medicine, which has been combined, with the modern scientific investigation of chemical substances and their effects in the body to form into one of the most powerful healing tools of the twentieth century Natural Therapist.

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Nutrition is an often-overlooked area of medicine. It has evolved from the discovery that ingestion of certain foods resulted in the reversal of some disease states (Oranges and limes corrected and prevented scurvy in early sailors). More recent investigations have revealed the medicinal properties of these foods (e.g. Vitamin C) and the mechanisms of their actions.

Aromatherapy is the therapeutic use of essential and fragrant aromatic oils to achieve beneficial changes in the human body. The practice of aromatherapy is usually combined with remedial therapy techniques, but can be used successfully in its own right.

Naturopathic Sports Medicine is the practice of naturopathy or natural healing techniques to assist the sports person to achieve maximum fitness and health, ensuring the athlete is able to perform at their peak capacity.

Bioenergetic medicine is the art and science of collecting, measuring and assessing bioenergetic feedback and the subtle changes in body energies. A modern practice based on age-old principles of healing is leading the health profession in America and now Australia into the 21st Century.

Herbal Alchemy incorporates the ancient art and science making and prescribing of herbal medicines. The major focus of remedy manufacturing is the fascinating process of the distillation of plants.

The spagyric preparation embodies the phrase 'Solve et coagula, et habebis magisterium (Dissolve and bind and you will have the magistrity). The art of making spagyric preparations. Demonstrates the laboratory technique of separating the various components of the plant and the synergistic effect of the whole on their recombination.

In this day and age, it can be said that most of the health problems of **Animals** are due largely to man's mismanagement and ignorance of the simple and unchanging laws of nature.

Above all, the over-commercialisation of the earth, our domestication of wild animals, consequent artificial rearing methods and medical treatments have affected the natural law of the land.

Animals have the need for health as a state of harmony between the physical and mental levels of well-being and it is here that Natural Therapists specialising in natural animal care come into their own. Natural therapies offer a collective group of treatments which, when used in combination with a good measure of common sense, offer a wide range of methods of prevention and effective treatments against many of the man-caused problems afflicting animals, both farm and domesticated.

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Animals benefit greatly from the philosophy of treating the whole, and not just the local symptom as the external, presenting symptoms are usually only indications of systemic dysfunction. In fact the only real exception to this rule is the physical external injury. The holistic approach to animal care must consider their state of health in a much broader context, including developmental, dietary, behavioural and physical conditions.

Biochemical Nutrition (Nutrition) 2400

Co-requisites: Biochemical Nutrition (Biochemistry) 1 & 2

Continues the study of biochemistry with the study of the more complex biochemical pathways relating to energy production and utilisation, metabolism, storage and waste removal by the body. This module provides the background biochemical information required for the successful completion of Clinical Nutrition.

Advanced Clinical Nutrition 3402

Pre-requisites: Clinical Nutrition

A major focus of the discussions and lectures is the use of nutrition in disease states and conditions of the systems of the human body. This Module is aimed at developing skills in the design of therapeutic diet regimes for various clinically encountered disease states. The clinical applications of nutritional therapy are emphasised and the main aim of this Module is to produce highly skilled naturopathic dieticians capable of using nutrition to assist in preventing and treating many of these common disease states.

*** Aromatherapy 1 / Aromatherapy Massage 1080**

Practical aromatherapy is about using the sense of smell to arouse certain sensations and moods using essential oils. The sessions are mostly practical and they look at the use of oils in creams and other preparations and some basic massage techniques. Essential oils are available for purchase.

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Aromatherapy 2

4331

Pre-requisites: Aromatherapy 1

This module examines the varied external uses of essential oils incorporating the use of massage, baths, poultices, aromatisers, creams, douches and compresses through the judicious selection of one or more essential oils. Topics covered include: classification and constituents of essential oils; undesirable effects, contraindications; storage and shelf life; physiology of smell, effects on the mind, physiology of effect; skin care; carrier and base oils, blending essential oils; children and babies, pregnancy; essential oils for specific disease states and specific body systems. Practical sessions in the preparation of products containing oils and aromatherapy massage are incorporated. Oils are provided for demonstration; students are encouraged to establish their own range of essential oils, which are available for purchase.

Aromatherapy 3

4332

Pre-requisites: Aromatherapy 2

Concentrating on the clinical and practical aspects of aromatherapy, this module continues the examination the varied external uses of essential oils. Topics covered include: classification and constituents of essential oils; undesirable effects, contraindications; storage and shelf life; physiology of smell, effects on the mind, physiology of effect; skin care; carrier and base oils, blending essential oils; children and babies, pregnancy; essential oils for specific disease states and specific body systems. Practical sessions in the preparation of products containing oils and aromatherapy massage are incorporated. Oils are provided for demonstration; students are encouraged to establish their own range of essential oils, which are available for purchase.

Energetics of Natural Remedies

3432

Energetics of Natural Remedies can be considered a modality in its own right, but are frequently used as an adjunct to other modalities. This Module explores the background biochemistry of the colloidal minerals, their clinical application, and prescription.

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Biochemical Nutrition / Biochemistry 1 3111

Pre-requisites: *Biological Chemistry*
 Nutritional Therapies

Aims to develop knowledge of the biochemical processes within the human body. Students will cover basic biochemical pathways relating to energy production and utilisation, metabolism, storage and waste removal by the body. Biochemistry 1 / Biochemical Nutrition provides the background biochemical information required for the successful completion of Advanced Biochemical Nutrition and Clinical Nutrition.

Bioenergetic & Magnetic Philosophy 2631

Introduction to the principles of bioenergetic medicine. The history and theory of bioenergetic and magnetic therapy, to provide the underlying principles of their therapeutic use.

Bioenergetic & Magnetic Principles of Practice 2632

Pre-requisite: *Bioenergetic & Magnetic Philosophy*

Determining the key principles involved in collecting, measuring and assessing bioenergetic feedback and the subtle changes in body energies. Application of the theoretical concepts known to have empirical or validated proof of efficacy. Consideration and evaluation of the principles that in practice have shown to be beneficial solutions for a defined range of conditions.

Bioenergetic & Magnetic Practice 2633

Pre-requisite: *Bioenergetic & Magnetic Principles of Practice*

Energetic effects on the body at a cellular level and the therapeutic applications of these energies. Determining the risk : benefit ratio of using permanent (static) magnets, electromagnetic fields (including VHF and environmental fields) and therapeutic pulsed electromagnetic induction fields. Treatment guidelines for a range of conditions are studied and products and services available to the Practitioner. The use of instruments and equipment in assessing imbalances in body energies and selecting the most appropriate treatment protocols.

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Botany, Plant ID & Taxonomy 1301

Practical skills in growing herbs are cultivated, such that the learner can confidently discuss the relevant aspects with consumers in situations such as those that may arise in Clinic. Enables the learner to have the confidence to talk about non-medicinal aspects of herb use. Introduces western herbs, and covers: history, terminology, culinary herbs, and common herbal teas, gathering, preserving, mounting and presenting herbs.

Botany & Taxonomy 2300

Pre-requisites: Botany, Plant ID & Taxonomy

The in-depth study of taxonomy, classifications according to action and characterisation of families. Introduction to Botany: Plant Kingdom, Bacteria, Algae, Fungi, Evolutionary origins of plants, conducting systems of vascular plants, leaves and leaf structure, pollination mechanisms, flower morphology.

Classical Homoeopathic Materia Medica 1 3210

Co-requisites: Homoeopathic Philosophy 3

An introduction to materia medica and study of keynotes of the polychrests was encountered in Homoeopathy 2. Combined with Homoeopathic Materia Medica 2, covers approximately 100 of the important remedies in detail - with respect to their characteristics, modalities, mental and physiological affinities, and their temporal development during the proving. Several minor remedies will be examined with respect to their more important indications and to their group relationships as applicable.

Classical Homoeopathic Materia Medica 2 4210

Pre-requisites: Homoeopathic Materia Medica 1

Continues the study of materia medica and study of keynotes of the polychrests, additional significant remedies are studied in detail - with respect to their characteristics, modalities, and mental and physiological affinities. Additional minor remedies will be examined with respect to their more important indications and to their group relationships as applicable.

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Clinical Bioenergetics 2634

Pre-requisite: Bioenergetic Practice

Identification, analysis and application of technical skills in a wide variety of conditions/ disease states. The role of modern research in bioenergetic practice.

Clinical Dietetics 2410

Pre-requisites: Dietetics

Looks further into the types of foods available to consumers in specific circumstances. More comprehensive study of menu planning for specific disease states, and the nutritive value of foods.

*** Clinical Iris Diagnosis** 3040

Pre-requisites: Iridology 1 & 2

Clinical iris diagnosis skills, preparation and participation in on-the-job training in iridology.

Clinical Nutrition 3401

Pre-requisites: Biochemical Nutrition (Nutrition)

Builds on the knowledge gained from Biochemical Nutrition. A more thorough examination of the various dietary components of food. Enables the student to link this knowledge to the appropriate biochemical pathways. Other topics include nutrition with regard to common diseases, typical Australian diets, and the fads, facts and fallacies concerning healthy eating.

*** Advanced Sports Therapeutics** 3422

Pre-requisites: Sports Therapeutics, Principles of Support and Movement

This module continues to examine how to avoid, recognise and treat common sporting injuries - using herbal medicines, homoeopathic remedies, nutritional supplements, first aid, and naturopathic methods.

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*** Constitutional Iridology & Prescribing** 3212

Pre-requisites: Energetic Philosophies

Expanding the science of iridology using the concepts of constitutional iridology. Prescribing modern homoeopathic remedies according to constitutional iridology.

Dietetics 1411

Pre-requisite: Nutritional Therapies

Focuses on the types of foods available at a local level, the choices people make and how these choices may affect the nutritive quality of their diet. It looks at the effects of preparation of nutritive values and construction of dietary menus with specific requirements for different ages and community groups.

Diet Therapy 1412

Pre-requisite: Nutritional Therapies

The study of modern and popular diets and their advantages and disadvantages and adequacies and inadequacies. Also studied is how to beneficially modify diets ensuring the diet is physiologically correct for the patient

Dermatology 1071

Pre-requisite: Pathophysiology 1

To introduce the participant to dermatology and the treatment of common skin conditions using allopathic treatments.

Energetic Philosophies 3211

Pre-requisites: Homoeopathic Philosophy 2

Exploring the concepts of modern clinical homoeopathy. Mind Body philosophies and energetic influences. Homoeopathic philosophy and the vital force. The different categories of medicines. The hierarchy of values to different aspects of a persons symptoms. The potency scales and their uses. Treatment options and stages of therapy. Traditional views of the Miasms and their position in the modern framework. Combination vs. Simplex vs. essence prescriptions. The schools of homoeopathy. The prescribing checklist and the second prescription.

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Herbal Alchemy Practice 4801

Pre-requisites: Philosophy of Herbal Alchemy

This module covers the prescribing of herbal alchemic remedies for clinically encountered conditions. Indications and physiological actions of alchemically prepared herbs on the body, the synergistic actions of herbs and the alchemical pictures of herbs.

Herbal Dispensing & Preparations 3301

Pre-requisites: Herbal First Aid

Herbal Pharmacy: Initial preparation of raw materials. Subsequent preparation of the herbal remedy. Dispensing. Labelling. Methods of administration.

Herbal First Aid 1302

The prescribing of simple herbal remedies for home use and in first aid situations.

Herbal Materia Medica 1 3310

Pre-requisites: Botany & Taxonomy

The study of the important pharmacological characteristics of several of the herbs from the major families. This comprehensive module combined with Materia Medica 2 covers approximately 300 of the more important herbs in detail - with respect to their family, binomial or botanic name, common name(s), description, where found, history of use, pharmacognosy, action(s) - physiological, toxicological, indication(s), specific indication(s), combinations, preparation and dosage, notes, cautions and contra-indications.

Herbal Materia Medica 2 4310

Pre-requisites: Western Herbal Materia Medica 1

Further develops the knowledge obtained from Western Herbal Medicine 2, students continue to increase their knowledge of herbal materia medica, concentrating on specific therapeutic groups of herbs used in the treatment of systemic disease patterns of the human body.

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Herbal Medicine Formulary and Prescribing / Laboratory 4321 / 4322

Co-requisites: Western Herbal Materia Medica 2

Completes the students' study of herbal formulae, enabling the confident preparation and design of a comprehensive range of herbs and herbal formulae as a practitioner. Study continues the learning about therapeutic groups of herbs for specific systems of the human body and formula design.

Herbal Remedies 3301

Pre-requisites: Herbal First Aid

This module covers the prescribing of herbal remedies for commonly encountered conditions. Indications and physiological actions of herbs on the body, the synergistic actions of herbs herbal constituents and the clinical pictures of herbs.

Herbal Therapeutics 3302

Pre-requisites: Herbal Remedies

This module covers the prescribing of herbal remedies for less commonly encountered conditions. Indications and physiological actions of herbs on the body, the synergistic actions of herbs herbal constituents and the clinical pictures of herbs.

Homoeopathic Dispensing and Preparations 3202

re-requisites: Homoeopathic Philosophy 2

Homoeopathic Pharmacy: Initial preparation of crude materials. Subsequent preparation of the remedy. Dispensing. Labelling. Methods of administration.

Homoeopathic First Aid 1202

Pre-requisites: Homoeopathic Philosophy 1

The prescribing of simple homoeopathic remedies for home use and in first aid situations.

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Homoeopathic Formulary and Prescribing 4220

Pre-requisites: Homoeopathic Materia Medica 2

A wealth of knowledge is now at the fingertips of the student homoeopath, enabling confident use of homoeopathic principles in a clinical setting. Topics covered include: posology, approaches to prescribing, and the management of the case, homoeopathic pharmacy, historical events and characters, current issues in homoeopathy.

Homoeopathic Philosophy 1 1201

Provides a general introduction to the homoeopathy: principles and philosophies, historical aspects, concepts of disease and treatment, how remedies are prepared and prescribed.

Homoeopathic Philosophy 2 2200

Pre-requisites: Homoeopathic Philosophy 1

Building on the knowledge gained in Homoeopathic Philosophy 1, this module covers the causes and treatment of acute and chronic disease, the concept of Miasms, constitutions, and potencies, including LM, provings, and the construction of the materia medica. The student can look forward to taking, analysing, repertorising typical cases and selecting an appropriate remedy. The student will need to often refer to the main work of Samuel Hahnemann - The Organon of Medicine.

Homoeopathic Philosophy 3 3201

Pre-requisites: Homoeopathic Philosophy 2

Continues to explore the concepts of disease in Homoeopathy, looking at acute and chronic disease states, and miasmatic theories. A more detailed look at taking the case, construction of a materia medica and the protocol of conducting a proving are undertaken. In-depth study of Homoeopathy in practice. Analysis of symptoms, choosing a remedy and repertorising are also covered.

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Homoeopathic Philosophy 4 4200

Pre-requisites: Homoeopathic Philosophy 3

Continues to explore the concepts of disease in Homoeopathy, looking at acute and chronic disease states, and miasmatic theories. A more detailed look at taking the case, construction of a materia medica and the protocol of conducting a proving are undertaken. In-depth study of Homoeopathy in practice. Analysis of symptoms, choosing a remedy and repertorising are also covered.

Homoeopathic Remedies 2202

Co-requisites: Homoeopathic Philosophy 2

Pre-requisites: Homoeopathic First Aid

An introduction to the materia medica and prescribing, and the more important features of the polychrest (frequently used) remedies.

*** Iridology 1 & 2** 2041 / 2042

Co-requisites: Anatomy and Physiology 1 & 2

Examines the structure and markings of the iris indicating the state of functional health of all parts of the human body. The pupil, iris and sclera are examined in magnified detail and students are expected to provide their own iris-scopes. Practical work with iris cameras is covered.

*** Iris Diagnosis 1** 4041

Pre-requisites: Iridology 1 & 2

Co-requisites: Clinical Iris Diagnosis

Continued in-depth study of the science of iridology. Practical work with iris cameras is covered.

*** Iris Diagnosis 2** 4042

Pre-requisites: Clinical Iris Diagnosis

Co-requisites: Clinic 4

Clinical iris diagnosis skills, preparation and participation in on-the-job training in iridology.

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Modern Clinical Homoeopathic Applications 1 & 2 4211

Pre-requisites: Constitutional Iridology & Prescribing

Prescribing modern clinical homoeopathic remedies according to modern clinical concepts including being centred on the patient, taking notice of the environment, and is driven by their experience of the world.

Multicultural Nutrition 1403

Co-requisite: Traditional Medicine Philosophies

This module provides an introduction to the effect of culture and tradition on our society. Particular emphasis is placed on the nutritional aspects and the divergence of natural and traditional nutritional beliefs from the modern allopathic. Also explored are cultural variations in diet and nutritional beliefs.

Natural Animal Care 1 1700

Natural Animal care for those who have an interest in rearing animals in a natural way. Defining the role of the natural animal care therapist. Caring for animals naturally.

Natural Animal Care 2 - 4 2700, 3700, 4700

Pre-requisites: Natural Animal Care 1

Natural animal care for dogs and cats, horses, farm animals, exotic animals and wildlife. Animal massage. Making nutritional, herbal and homoeopathic animal care remedies. Rescue in the wild.

Natural Skin Care 1072

Co-requisite: Dermatology

Involves treatments for typical skin disorders including theoretical and practical aspects of mask application, facial massage techniques, exercises for the face and neck, dietary regimes and herbal treatments for a wide variety of skin conditions.

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Nutritional Therapies 1402

Co-requisite: Physiological Nutrition

This module focuses on the effects, sources and clinical uses of vitamins and minerals.

Philosophy of Herbal Alchemy 3800

Pre-requisite: Spagyric Dispensing & Preparations

This module initiates a deeper study of the principles, concepts and theories of herbal alchemy. Its aim is to enable the student to discuss the philosophical basis and clinical applications of herbal alchemy.

Physiological Nutrition 1401

This module provides an introduction to nutrition studies, the various components of food and a person's nutritional requirements. To understand the effects of the modern diet and processed convenience foods on the health of individuals.

Practice and Art of Spagyria 1800

This module provides a broad introduction to the principles, concepts and theories of spagyric medicine. Its aim is to enable the student to discuss the philosophical basis, history and development of the science of spagyric medicine.

Research in Nutrition 4400

Pre-requisites: Advanced Clinical Nutrition

Builds on the knowledge gained in Nutrition and focuses on the pharmacological uses of vitamin and mineral supplementation and incorporates up to date information on medical research in this area. Topical focus on issues such as parenteral administration of vitamins and minerals, drugs/nutrient interaction and chelation therapy.

Spagyric Dispensing & Preparations 2800

Pre-requisites: The Art and Practice of Spagyria

Spagyric Pharmacy: Initial preparation of crude materials. Subsequent preparation of the remedy. Dispensing. Labelling. Methods of administration.

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Sports Therapeutics

3421

Pre-requisites: Pathophysiology 1

Co-requisites: Principles of Support and Movement, Pathophysiology 2

Sports Medicine is a rapidly expanding field and Natural Therapists have a valuable role to play. This module examines how to avoid, recognise and treat common sporting injuries - using nutrition, first aid, and naturopathic methods.

Vibrational Therapies

1321

There are many minor modalities that are closely aligned to the major modalities offered at the College and which could well be useful to the prospective practitioner. Consists of short seminars on a variety of topics which may include Spiritual Enlightenment, Cosmology Flower Remedies, Colour Therapy, Tissue Salts, Doctrine of Signatures or other topic(s), which may be decided from time to time to allow the student to gain an appreciation of the use of such complementary therapies.