

UNDERGRADUATE MODULE INTRODUCTIONS

Module Pre-requisites: Other Modules that must be satisfactorily completed prior to commencement of the Module.

Module Co-requisites: Other Modules that need to either be completed or are being attempted simultaneously. NB Students should carefully consider Co-requisites if thinking of withdrawing from any Module

Distance Education: Modules marked with an asterisk (*) are unable to be studied by distance education at this time due to their practical nature. These Modules may be held as short intensive courses for Distance Education students as required.

Module Outlines for all courses not listed, flexible / individually tailored courses and seminars are available on request. Other modules will be developed on a needs basis and upon request.

DEPARTMENT OF ORIENTAL MEDICINE

Oriental Medicine is a complete and wholistic system of medicine, its views and philosophies are fundamentally different to those maintained by Western practitioners. Oriental medicine approaches healing from the perspective that each person is unique and must be considered within the relationship of their environment. The logic underlying Oriental medical theory assumes that a part can be understood only in relation to the whole. A person is perceived as a multi-dimensional being, functioning on many levels simultaneously, and health is a state of balance between these levels; the physical, emotional, mental, energy (Qi) and spiritual. The Oriental therapist asserts that a change in one area will affect the other areas in some manner.

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*** Acupressure (*)** 3512

Pre-requisites: TCM Philosophy – Theory of Oriental Diagnostics, Acup. Point Location

Co-requisites: Applied Anatomy & Physiology 2

Essentially concerns Acupuncture theory built on the knowledge obtained in TCM Philosophy. This module continues the study of acupuncture points: identification, nomenclature, location and function of acupuncture points, meridians and their collaterals. Intensive anatomical studies are continued.

*** Acupuncture 2 / Clinical Acupuncture (*)** 4511

Pre-requisites: Acupuncture 1, Applied Anatomy & Physiology 2

Co-requisites: Pathophysiology 3

Clinically oriented, the practice of needling is carried out under strict supervision - first on self, then fellow student, and finally in a clinical situation. Some of the topics that the module covers: the basic principals for prescription and selection of points; acupuncture techniques including ear and scalp points and pain control; needling practice; preparation prior to treatment; needling methods; precautions and contra-indications; management of treatment; management of possible accidents in acupuncture treatment.

*** Acupuncture 3 / Advanced Clinical Acupuncture (*)** 4512

Pre-requisites: Acupuncture 2 / Clinical Acupuncture

Co-requisites: Medical Symptomatology & Diagnosis

Clinically oriented, the practice of needling is carried out under strict supervision in a clinical situation. Some of the topics that the module covers: writing the prescription and selection of points; acupuncture techniques; needling practice; preparation prior to treatment; needling methods; precautions and contra-indications; management of treatment; management of possible accidents in acupuncture treatment.

*** Acupuncture Point Location (*)** 2510

Pre-requisites: TCM Philosophy

Co-requisites: Meridian Physiology, Applied Anatomy & Physiology 1

Introduces the student to the meridians and the more common acupuncture points, identification, theory, nomenclature and location of the points and meridians are examined.

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*** Acupuncture Techniques & Practice (*)** 3512

Pre-requisites: Acupressure

Extensive practical training is encouraged on inanimate models, the student themselves and classmates under close supervision. The module continues the study of acupuncture points: identification, nomenclature, location and function of acupuncture points, meridians and their collaterals.

Chinese Herbal Dispensing & Preparations 3501

Pre-requisites: TCM Philosophy

Chinese Herbal Pharmacy: Initial preparation of crude materials. Subsequent preparation of the remedy. Dispensing. Labelling. Methods of administration.

Chinese Herbal Formulary and Prescribing 4540

Pre-requisites: Chinese Herbal Materia Medica 2 (354)

Continuing on from Chinese Herbal Materia Medica, this Module enables the student of TCM to identify the more common herbs used; prepare prescriptions; and identify common TCM patent formulae.

Chinese Herbal Materia Medica 1 (*) 2542

Pre-requisites: Oriental Nutrition

Involves the identification and application of the more common individual Chinese herbs; the preparation of TCM herbal combinations; herbal terminology; and an introduction to the Chinese Herbal Materia Medica.

Chinese Herbal Materia Medica 2 (*) 3541

Pre-requisites: TCM Philosophy, Chinese Herbal Materia Medica 1

Explores the philosophy of wholistic medicine in particular, the differences between TCM herbal and western pharmaceutical medicine. Involves the identification and application of the more common individual Chinese herbs; the preparation of TCM herbal combinations; herbal terminology; and continued study of the Chinese Herbal Materia Medica.

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Chinese Herbal Materia Medica 3 (*) 4541

Pre-requisites: Chinese Herbal Materia Medica 2

The identification and application of a wide range of Chinese herbs; the preparation of TCM herbal combinations; herbal terminology; and continued study of the Chinese Herbal Materia Medica.

Chinese Herbal Remedies 2541

Pre-requisites: Oriental Nutrition

Builds around the information gained in Oriental Nutrition with a stronger emphasis on the use of nutrition and Chinese herbs in the treatment of disease according to the principles of traditional Chinese medicine.

*** Basic Chinese Massage / Oriental Massage (*)** 1603

Pre-requisites: TCM Philosophy, Applied Anatomy & Physiology 1

Like most of the Oriental Medicine Modules, Chinese and Oriental Massage have ancient origins, and much of the theory learned is put to good practical use. Some of the topics covered include: the techniques used; the meridians and points used in massage; massage of children; and common conditions and their treatment through massage.

*** Chinese Therapeutic Massage (TuiNa) (*)** 2640

Pre-requisites: TCM Philosophy, Applied Anatomy & Physiology 1

Continues the study of Chinese massage with regard to traumatology and treatment of conditions according to the philosophies of Anmo TuiNa.

*** Clinical Chinese Therapeutic Massage (*)** 3640

Pre-requisites: Chinese Therapeutic Massage / Oriental Massage

Continues the study of Chinese massage with regard to traumatology and treatment of conditions according to the philosophies of Anmo TuiNa.

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Mandarin 1 (*) 1520

Introduces the basic teachings of the Chinese language - Mandarin for the purposes of essential communication, particularly in a clinical situation.

Mandarin 2 (*) 2520

Pre-requisites: Mandarin 1

Continues the teachings of the Chinese language - Mandarin for the purposes of essential communication, as well as more of the common traditional Chinese Medical terminology.

*** Meridian Physiology (*)** 1510

Co-requisites: TCM Philosophy

Looks at the locations of the meridians on the human body, the functions of the six Zhang organs, Yin organ interrelationships, the functions of the Yang organs, pathology of the five elements and the Six Stages and their pathological patterns.

*** Moxibustion & Cupping (*)** 2550

Pre-requisites: TCM Philosophy

Covers the theoretical and practical aspects of the techniques used in the art of moxibustion cigar making, and the application of moxibustion cigars to acupuncture points with and without the use of acupuncture needles. Cupping and scraping techniques are also taught in this Module.

*** Oriental Diagnostic Techniques (*)** 2560

Pre-requisites: TCM Philosophy

Uses TCM philosophies to give the learner a better understanding of diagnostic procedures used in TCM. The student is introduced to practical examination of patients using techniques - inspection, auscultation, olfaction, inquiring and palpation combined with a case history for a provisional diagnosis according to TCM philosophies. Techniques taught in this Module include tongue, pulse and abdominal diagnosis and syndrome differentiation.

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*** Qi Gong (*)** 2530

In some ways similar to Tai Chi, Qi Gong can be considered to be a Traditional Chinese Medicine healing therapy in its own right. It involves gentle mind and body exercises with disciplined breath control.

Shi Liao 1540

This Module provides a valuable introduction to oriental nutrition principles, with an focus and how important nutrition is to human health. This modules also explores the use of food as a medicine according to ancient Chinese philosophies and therapeutic Shi Liao approaches in oriental medicine.

*** Tai Chi (*)** 1530

This ancient form of mind/body exercise is a most attractive method of countering the harmful effects of our stressful lives and judging by the number of people practising it in the early mornings on our beaches and parks, is becoming increasingly popular.

Traditional Chinese Medicine Philosophy 1501

Pre-requisites: TCM Philosophy

The foundation for all studies in Oriental Medicine, it introduces the student to the philosophy of Traditional Chinese Medicine, both ancient and contemporary, covering the meridians and their relationships with the internal organs and overall health.

Traditional Chinese Medicine – Theory of Oriental Diagnostics 1502

Pre-requisites: TCM Philosophy

Provides the philosophical background required for further studies into Traditional Chinese Medicine views concerning health, diagnosis, causes of disease (disharmony), and the TCM diagnosis of disease.